



Beef Burgers

WE PROUDLY SERVE STERLING SILVER® PREMIUM MEATS!

Served on our Keto Cheese Bun (6g Net Carbs) with lettuce, tomato, pickle and onion. Served with one side (upcharge for some substitutions).
Just Ask for Keto Burger Condiments!

THE STANDARD*

Just good ol' melted American cheese. || 11.99 Add Bacon | 1

BACON EGG & CHEESE*

It's breakfast time somewhere! Bacon, sharp cheddar, and an over-easy egg. || 13.99

THE SWISS*

Peppercorn patty, bacon, sautéed mushrooms, and swiss cheese || 13.99

THE HEAT*

Sautéed onion, green pepper, and jalapenos, melted pepper jack cheese, and bacon. Add Reaper Sauce if you dare!! || 14.49

Sides & Extras

TORTILLA CHIPS 3.0 (9 chips = 6 net carbs)

CELERY STICKS 3.0

CUCUMBER & TOMATO SALAD 3.0

MASHED CAULIFLOWER 3.0

GREEN PEPPER STICKS 4.0

SEASONAL VEGETABLES 4.0

SIDE SALAD (HOUSE OR CAESAR) 5

CUP OF DAILY SOUP 5.99

BOWL OF DAILY SOUP 7.99

* Menu items that customers may order raw or undercooked are marked with an asterisk. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.

Sandwiches

All Sandwiches served on our Keto Cheese Bun (6g Net Carbs) or Keto Cheese Flatbread (10g Net Carbs) with your choice of side (upcharge for some substitutions)

BACON GRILLED 4 CHEESE

Bacon, Swiss, Cheddar, Provolone, and American melted with mayonnaise on our Cheese Keto Bun. So Good! || 9.99

CHICKEN CLUB SANDWICH

Grilled chicken breast with swiss, bacon, lettuce, tomato, onion, pickle, and horseradish honey mustard(3.1g Carbs) || 9.99



PRIME RIB SANDWICH

House made Prime Rib, sautéed onion, horseradish cream sauce, and swiss cheese. Served with Au Jus. || 15.99



PHILLY CHEESE STEAK

House cut steak or grilled chicken, melted provolone, sautéed mushrooms, onions, and peppers.

Steak 14.99 || Chicken 12.99

Dinner Entrées

CHOP STEAK

Ground Beef topped with 1 ounce sautéed onion and 1 ounce mushrooms covered in melted pepper-jack. Served with Aujus. Two Side Choices. || 13.99

SHRIMP PLATTER

10 grilled shrimp, Two Side Choices. || 14.99

BLACKENED CHICKEN ENTREE

Blackened Chicken Breast served with a Keto Cheese Roll and Two Side Choices. || 12.99

SEARED TUNA ENTREE

6oz seared Ahi Tuna served with Two Side Choices || 13.99

(upcharge for some side substitutions)

Keto Menu

Let's Get Started

FRESH-FRIED PORK RINDS ~ GF Tossed in our special seasoning and served with Buffalo sauce for dipping. || 6.99

BUFFALO CHICKEN DIP Served with tortilla chips (9 chips = 6 net carbs) or Celery Sticks for dipping. || 8.99

GINGER LEMON SEARED TUNA ~GF
Sushi grade Yellowfin Tuna Steak. Sesame encrusted steak seared rare and drizzled with a ginger lemon soy reduction sauce and Wasabi Aioli || 10.99

JUMBO CHICKEN WINGS
Served with Celery, Carrots, and homemade Blue Cheese (6.5g Carb/ 2 fl oz).

6 WINGS || 8.99

12 WINGS || 15.49

18 WINGS || 22.99

24 WINGS || 27.99

OUR SAUCE IS THE BOSS!

Carolina Reaper (We grow our own!)

Hot Buffalo

Mac Sauce

Mild Buffalo

Cajun Dry Rub

Lemon Pepper Dry Rub

JUMBO GRILLED CHICKEN TENDERS
Served with Horseradish Honey Mustard (6.2g Carbs/ 2 fl oz.) and cucumber salad.

Or toss in your favorite wing sauce with blue cheese (6.5g Carb/ 2 fl oz).

HALF TENDER PLATTER || 9.99

FULL TENDER PLATTER || 12.99



Salads

KING CAESAR SALAD

Grilled Blackened Chicken, bacon, shredded parmesan, diced tomatoes, cucumbers, romaine. Tossed in Caesar dressing. || 11.99

BUFFALO CHICKEN SALAD

Grilled chicken strips, red onions, shredded cheddar, diced tomatoes, cucumbers, and mixed greens. Served with blue cheese. || 10.99

SOUTHWESTERN CHICKEN SALAD

Blackened chicken over romaine lettuce, tomatoes, bacon, guacamole, corn, black bean, cheddar cheese, red onion. Served with our signature Southwestern Vinaigrette. || 11.99



BLACK N BLUE SALAD

Blackened loin steak over spring mix, blue cheese crumbles, tomato, cucumber, carrots, and red onion. Served with Balsamic Vinaigrette. || 12.99

HOUSE SALAD ~ V With choice of dressing. || 5 side || 8 full

CAESAR SALAD ~ V || 5 side || 8 full

Dressings: Balsamic Vinaigrette (2g Carb/ 2 fl oz), Southwestern Vinaigrette (20g Carb/2 fl oz), Caesar (0), Blue Cheese (6.5g Carb/ 2 fl oz), Horseradish Honey Mustard (6.2g Carbs/ 2 fl oz.)

Add-Ons: Chicken 4 | Bacon 1.5 | Haddock Fillet 8 | Ahi Tuna 8
Cheese 1 | Steak 8 | Shrimp 6 | Extra Dressing .5

ASK YOUR SERVER ABOUT OUR KETO DESSERT AVAILABILITY!